



HEALTH

Additional information related to
Live Well San Diego
Life Expectancy & Quality of Life Indicators



KNOW YOUR NUMBERS:

Three behaviors — lack of physical activity, poor nutrition, and tobacco and substance use — contribute to
Four diseases — cancer, heart disease and stroke, type 2 diabetes and respiratory conditions such as asthma or COPD —
 result in over **50 percent of deaths** in San Diego county.

Find Answers to All Your Questions about Chronic Disease:



Go to: The Community Health Statistics Unit (CHSU) Page on the County of San Diego Website: [CLICK HERE](#)

My question is...	Here's where I can find answers...
How bad is the problem, and what can I do about it?	See Report: 3-4-50: Chronic Disease in San Diego County
What trends (positive or negative) do we see in chronic disease?	See Report: 3-4-50: Chronic Disease Deaths in San Diego County, 2000-2010
What does chronic disease cost us economically?	See Report: Economic Burden of Chronic Disease in San Diego County
Where can I find “just the facts” on chronic disease burden in San Diego County, by Health and Human Services Agency (HHS) Region?	<p>See One Page Chronic Disease Briefs:</p> <p>San Diego County; North Coastal Region; North Central Region; Central Region; South Region; East Region; North Inland Region</p> <p>(Detailed Briefs by HHS Region also available on CHSU web page: Click Here)</p>
In which areas across the county do we see more chronic disease compared to others?	See Chronic Disease Atlases
How many deaths in San Diego County are attributable to smoking?	See Deaths Attributable to Smoking in San Diego County, 2010
Are residents engaged in healthy (or unhealthy) behaviors?	<p>See Health Briefs by HHS Region:</p> <p>North Coastal Region; North Central Region; Central Region; South Region; East Region; North Inland Region</p> <p>(The Health Briefs summarize health information by region not only for chronic disease but also communicable diseases, injuries, maternal and child health, behavioral health and provides overall demographic, health outcome, access and utilization, and health behavior data.)</p>